



Patient Name: _____ DOB: _____

Date: Mon Tues Wed Thu Fri ____/____, 2013 @ _____ am/pm

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Preparation:

- You must have **nothing to eat 6 hours prior to your procedure**
- You may drink clear liquids (i.e. water, coffee, tea, apple juice) before your procedure. **Dairy products (i.e. cream, half and half) are not permitted.**
- Do not wear jewelry or bring valuables with you.
- **Do not take morning oral anti-diabetic pills the day of your procedure. Ask your physician about insulin and how to take it.**
- **Coumadin or other blood thinners** (i.e. Plavix, Aggrenox) must be discontinued a minimum of **five days** prior to your scheduled procedure.
- **Aspirin or any aspirin containing products (i.e. Bayer, Goody's/BC powder) should not be taken a minimum of seven days prior to your scheduled procedure.**
- **NSAID products should be discontinued a minimum of 48 hours before your scheduled procedure. (see back of sheet for complete list)**
- A responsible adult driver must be present at check in and available to drive you home if you opt to use sedation during your procedure.
- Failure to follow these instructions, No Shows, and Cancellations made with less than 24 hours' notice will incur a \$100.00 fee.
- **NO PRESCRIPTIONS WILL BE WRITTEN OR FILLED ON PROCEDURE DAYS! NO EXCEPTIONS!**

Plan: Your procedure plan(s) will be:

Epidural Injection: Cervical, Thoracic, Lumbar

Rhizotomy: Cervical, Thoracic, Lumbar

Facet Injection: Cervical, Thoracic, Lumbar

Sacroiliac Injection

TFSI- Cervical, Thoracic, Lumbar

Spinal Cord Stimulator

Other: _____

I understand the above instructions and agree to follow them. A \$100.00 fee will be incurred if I do not follow instruction for my procedure, cancel less than 24 hours, or no show my appointment. This fee will be paid prior to being seen again.

Patient Signature: _____ Date: _____

Witness Signature: _____ Date: _____

**Do Not Take:**

- Aspirin (Aspirin is a brand name; the chemical is called acetylsalicylic acid) (Includes Goodys Powders and BC powders)
- Celecoxib (Celebrex)
- Diclofenac (Voltaren, Cataflam, Voltaren-XR)
- Diflunisal (Dolobid)
- Etodolac (Lodine, Lodine XL)
- Fenoprofen (Fenopron, Nalfron)
- Flurbiprofen (Urbifen, Ansaid, Flurwood, Froben)
- Ibuprofen (Advil, Brufen, Motrin, Nurofen, Medipren, Nuprin)
- Indomethacin (Indocin, Indocin SR, Indocin IV)
- Ketoprofen (Actron, Orudis, Oruvail, Ketoflam)
- Ketorolac (Toradol, Sprix, Toradol IV/IM, Toradol IM)
- Mefenamic acid (Meclomen)
- Mefenamic acid (Ponstel)
- Meloxicam (Movalis, Melox, Recoxa, Mobic)
- Nabumetone (Relafen)
- Naproxen (Aleve, Anaprox, Midol Extended Relief, Naprosyn, Naprelan)
- Nimesulide (Sulide, Nimalox, Mesulid)
- Oxaporozin (Daypro, Dayrun, Duraprox)
- Piroxicam (Feldene)
- Salsalate (Mono-Gesic, Salflex, Disalcid, Salsitab)
- Sulindac (Clinoril)
- Tolfenamic acid (Clotam Rapid, Tufnil)